



Dementia Specific Assessment Information and Family Guide

Use the following fill in the blank assessment tool to tell us about **your relative**. Let us know **“Things I like....” Such as**

- Past games and hobbies
- Things that are beautiful
- Familiar projects done with the hands (motor movements, musical instruments)
- Music favorites and habits
- Lifelong habits (sports, transportation, clothing styles, forms of exercise, dance)
- Daily routines (coffee, reading, food, home maintenance)
- Creativity
- Life stories “favorites”
- Sensory favorites (smells, colors, tastes, textures, sounds)

All About _____ (name)

My friends call me _____. I lived in _____

for _____ years. Prior to that, I lived in _____ and _____.

I call _____ home.

My favorite thing about home is _____.

I have/had _____ (sisters and brothers, husband)

I have _____ children and grandchildren.

I am a _____ (farmer, artist, fisherman, golfer).

When I was younger, I used to love to _____

Some of my favorite “special things” are _____

The family that visits me the most are _____,

And friends that come to visit are _____.

I know most of my friends through _____ (Church, neighborhood, club).

I am very good at _____ and I am very proud of

_____ (kids/grandkids, legacies)

My favorite place to travel is _____. I like to

read _____, and listen to _____.

One of my favorite outdoor pastimes is _____.

Things I like to eat and drink include _____ (black coffee, sweets, beverage, meal, snack)

I like to get up at _____ and go to bed at _____. My favorite outfits and

accessories include _____.

A scene that helps me relax would be _____ (ocean, mountains, flowers, animals).

3 Things I would like others to know about me are:



**“Leaders Plan for Change!” “Leadership in difficult times”
How does the pandemic change the way Activity Professionals Work?**

Technology Checklist

- In-House Television Channel
 - <https://youtu.be/JpWEaZrR0q4> (How To Video Provided by NCCAP)
 - Two Laptops – at least one with camera
 - Zoom or alternative video conferencing Membership (see below)
 - HDMI to RCA Converter
 - HDMI Cable
 - <https://www.nccap.org/covid19> (Step by step instructions)
- Video conferencing membership (pick one)
 - Zoom (most popular for individuals. Free for up to 40 minutes)
<https://youtu.be/fMUxrgZvZQ>
 - Go To Meeting (your company may already have this)
 - WebEx (your company may already have this)
 - Doxy (HIPPA compliant)
 - Monday.com
 - All on phone, tablet, or laptop
- Skype
 - Recommended to use your work email when you sign up. Pick an easy username.
 - Set up skype (one time) <https://youtu.be/NRcb3uB3Jac>
 - Use skype <https://youtu.be/NRcb3uB3Jac>
 - All on phone, tablet, or laptop
- FaceTime
 - Only available on iPhone or Apple Tablet. Both you and the recipient (who you’re chatting with) must have an iPhone or Apple Tablet
 - <https://youtu.be/TXLZ-egtle0>
- Laptop
 - How to connect laptop to TV - <https://youtu.be/s532CgZnrMg>
 - (Use this to connect to youtube, zoo live streams, facebook, all kinds of stuff)
- Optional: Apple TV
 - Need an iPhone and an Apple TV box
 - <https://youtu.be/NpSD5W7VheA>
 - (Used to connect your phone to the TV. May be easier than the laptop. Anything on your phone can show up on the TV. Good for photo filters where you can hold phone up to resident and see their face with the filter on the TV)
- Optional: Tablet. Can run video conferencing, skype, one on one programming, (facetime and apple tv only if it’s an apple tablet)
- Optional: Activities Facebook page for you to follow all the zoos, museums, landmarks, etc so you can get an update on what they’re doing



- Optional: Activity Connections Membership (online) (paid subscription). They have tons of videos to watch and engage with residents. Just a good thing to have for activity planning.
- Optional: Alexa, Google Home smart hub, or other similar product.
 - Good for games, trivia, jokes, morning news, podcasts, and especially music. Alexa is best when tied to an Amazon Prime Music account so you can get individual songs, otherwise you just get a similar playlist. Google is best when tied to a google music account.
 - For an alert and oriented resident with some short term memory and limited mobility, put a smart hub in the room and smart plugs to allow resident to turn on the tv, change channels, change the volume, turn on lamps and fans, etc. (if no short term memory, they won't remember the specific phrases to use. You can cue using a poster if the resident is able to connect the poster to what it is supposed to do)
- Optional: Bluetooth speaker to connect your phone to music to play for residents. Smart hubs like Google Home and Alexa can do this.
- Optional: iPods and Mp3 Players are good for individuals to listen to music. During quarantine/isolation, the player must stay in resident's room, not a central location, and have headphones assigned only to them staying in the room.



Resources for Managing Activity Service Delivery During COVID-19 Pandemic

General resources for resident, staff and families

The Consumer Voice

<https://theconsumervoice.org/issues/other-issues-and-resources/covid-19#Resources>

Visit this website often. This is a very comprehensive site and well organized. Information for consumers from agencies involved in the health and safety of those living and working in facilities is presented, including CDC, CMS Guidance, AARP, Alzheimer's Association, and the Ombudsman Program.

COVID-19 and Nursing Homes

COVID-19 Frequently asked questions

Summary of CMS waivers

Recommendations for protocols for protecting residents and staff

Webinar series on Trauma Informed Care

The American Health Care Association

https://www.ahcancal.org/facility_operations/disaster_planning/Pages/Coronavirus.aspx

Good up to the minute information for providers, families and residents

Quality Monitoring Program TX HHSC

<https://hhs.texas.gov/about-hhs/communications-events/news/2020/03/march-2020-qmp-bulletin>

Information specific to Texas, Personal Protection Equipment solutions and information, disinfectants, FAQs.

Covid-19 Focused Survey Protocol Infection Control

https://www.ahcancal.org/facility_operations/disaster_planning/Documents/self-assessment.pdf

Apple products cleaning information

<https://support.apple.com/en-us/HT204172>

Civil Money Penalties (CMP) Reinvestment Program Grants TX

Sue Mills Health and Human Services Commission 701 W. 51st St, E-341 Austin, TX 78751

Phone: (512) 438-2549 Email: CmpApplication@hhsc.state.tx.us

Application

<https://naap.info/wp-content/uploads/2020/04/CMS-Application.pdf>

Information and FAQs

<https://naap.info/wp-content/uploads/2020/04/Civil-Money-Penalty-COVID-19.pdf>