



## Engagement Related Resources

### National Association of Activity Professionals

<https://naap.info/covid-19-activity-resources/>

Ideas, ideas, ideas from around the country. Many vendors are offering “free” trial versions and downloadable packets.

Links to virtual everything!

Free Webinars the second and fourth Tuesdays, check the schedule

### National Certification Council for Activity Professionals

[www.nccap.org](http://www.nccap.org)

Activity Resources for COVID-19-updated continually

A long list of links to federal agencies, CDC, CMS, essential workers, advocacy letters for supplies, information of how to hook up an “in-house” TV broadcast system.

#### NCCAP/Linked Senior Recorded Webinar on Resident Engagement

[https://zoom.us/rec/play/75Z4d-8qTM3HIGW4QSDBPirW9W5KKis1HdM\\_6EExRnnU3ISOgKnM7YaYrZl8wEeP5HX10F08vbywWLe?startTime=1584550310000&\\_x\\_zm\\_rtaid=lnWrDgV7SoqXTbYXzS2eaw.1586998844029.37153fb45d070e765188e950d7dd80ab&\\_x\\_zm\\_rhtaid=995](https://zoom.us/rec/play/75Z4d-8qTM3HIGW4QSDBPirW9W5KKis1HdM_6EExRnnU3ISOgKnM7YaYrZl8wEeP5HX10F08vbywWLe?startTime=1584550310000&_x_zm_rtaid=lnWrDgV7SoqXTbYXzS2eaw.1586998844029.37153fb45d070e765188e950d7dd80ab&_x_zm_rhtaid=995)

### Timeslips in the time of COVID-19

<https://timeslips.org/resources/creativity-center>

Has a list of communities around the country that would like postcards from volunteers

### Alzheimer’s Foundation of America Facebook page

[https://business.facebook.com/pg/AlzheimersFoundationofAmerica/videos/?ref=page\\_internal](https://business.facebook.com/pg/AlzheimersFoundationofAmerica/videos/?ref=page_internal)

click on videos. They have a virtual class schedule each weekday (30 minutes) and activity tips, Virtual community classes include a Jazz concert, collage making, meditation, art therapy/painting activities and caregiver tips for the weekend.

### Alzheimer’s Association

<https://www.alz.org/professionals/professional-providers/coronavirus-covid-19-tips-for-dementia-caregivers>

### Virtual tours to get you started



<https://www.afar.com/magazine/you-can-take-a-virtual-tour-of-the-national-parks-heres-how>

Tour the national parks without leaving home

<https://www.afar.com/magazine/virtual-zoo-aquarium-and-park-tours-to-watch-during-quarantine>

great virtual tours of the world-visit the following: Monterey Bay Jelly fish, Panda Cam, San Diego zoo, Cincinnati zoo, Puffin cam, Gorillas, Bald Eagles, Elephants to name a few.

<https://bestlifeonline.com/?s=fun+facts>

A FUN fact website

<https://www.aza.org/livestreams-and-activities?cal-348678-month=04&cal-348678-year=2020>

Association of zoos and aquariums, benefit is the “calendar view” to be able to schedule

<file:///Volumes/NO%20NAME/2020%20covid%20activities/Virtual%20Field%20Trips%20-%20Google%20Docs.html>

30 field trips from Mars to farms to the Louvre in Paris!

<https://naturalhistory.si.edu/visit/virtual-tour>

Natural History Museum

[https://www.parents.com/syndication/museums-with-virtual-tours/?utm\\_source=facebook.com&utm\\_medium=social&utm\\_campaign=social-share-article&utm\\_content=20200313&fbclid=IwAR1Mqdy7\\_rSXOKjXNxX9j-Y-9tqJnusrkSAdCWJRuac4E1ScUUchpVyXagQ](https://www.parents.com/syndication/museums-with-virtual-tours/?utm_source=facebook.com&utm_medium=social&utm_campaign=social-share-article&utm_content=20200313&fbclid=IwAR1Mqdy7_rSXOKjXNxX9j-Y-9tqJnusrkSAdCWJRuac4E1ScUUchpVyXagQ)

Museums Around the World

### Virtual Arts and Entertainment

<https://www.youtube.com/watch?v=5t32KOUj0c0&feature=youtu.be>

Dallas Winds TX short concert and visual tour of Dallas landmarks

<http://archive.skem1.com/csb/Public/show/age0-1xc8gm--pg8fq-1hmyfbl2>

Virtual Events through the Dallas Office of Arts and Culture

Storytime at bedtime by the Bishop Arts Theater

<https://www.youtube.com/playlist?list=PLS7cgoQvAP2VHx4m-dPNP3aFJSe03ESfU>

Metropolitan Opera nightly stream, Live at Lincoln Center Jazz, Facebook Lives

Other: <https://artsandculture.google.com/> 2000 museums from 80 countries

[www.goodhousekeeping.com](http://www.goodhousekeeping.com)

A complete list of virtual activities



## **Engagement Tools**

### **Life Story Poster**

Specific for an individual. This is a combination of pictures and words that portray the most important preferences/interests of a person that is used to reinforce their identity and validate their accomplishments.

### **Life Story Book**

Specific to an individual. A collection of pictures and stories of their life. Begins with childhood and includes relatives and friends, accomplishments, travels, education, work: a visual time line.

### **Memory Boxes**

Specific for an individual. This is a collection of meaningful objects that can be used to trigger thoughts, conversation or pleasant emotions. It can be used to engage in the room or in a common area.

### **Personalized Preference Scrapbook**

Specific for an individual. This is a scrapbook of interesting pictures, stories, conversation starters, simplified activities that are created based on the individual preferences of a person. The pictures can be personal photographs or non-specific pictures (magazines or internet) of objects of meaning/value. Poems, simple word games, matching activities, specialized music activities, fun facts about the person's favorite icons, food, sports etc. can be used.

### **Themed Reflection or Reminiscing Baskets/Kits**

These kits are designed based on a topic that is of interest to the residents. It is a multi-sensory tool that triggers thoughts, memories or emotions through the use of all the senses. The basic "kit" can be used with many levels of cognitive functioning. Developing the materials for the kit can be a service project for school or community groups. The "worksheet for preparing a themed discussion group to maximize abilities" can be used as a guide.

For use with a person with a severe cognitive impairment, the goal is to elicit a response (bright eyes, smile, head turn, eye movements) not to compare or answer questions.

### **Rummaging or Passion Project Boxes**

These "boxes" are developed to provide a sense of purpose/usefulness for a resident. They can also help in promoting a sense of security and order. The items that are placed in the box can be sorted, organized, counted, touched, or commented upon. The boxes can be "themed" or "random." The boxes are meaningful when they connect to a person's preferences and have a purpose. For example, "I have not had time to straighten these supplies for the next art class, can you help me?" Themes for rummaging can include game pieces/card decks, art supplies, sewing notions, office supplies, hair care items, jewelry and accessories, cooking implements, puzzle pieces (by color or shape), baby items, craft materials, greeting cards, post cards.

### **Socialization/Engagement "starters" Compile a binder full of these**

I have ridden a horse, Have you?

If you had \$20.00 extra dollars, would you (give choices) buy a book or go out to eat?

Would you rather go to a bookstore or a hardware store? (choices based on resident history)

Do you prefer the beach or the mountains?



## All About Me: Engagement Guidelines

Resident \_\_\_\_\_ MRS. B

Interests, preferences, needs	What you (staff) can do to support ME
Music is very important to me. I like to sing, it makes me smile.	Assist me to listen to music daily for short periods of time. I like <b>Elvis, Hymns, "singing music"</b> Sing my favorite songs with me. Sing a tune and get me started. Loud music agitates me.
I love to drink coffee out of my special mug	Ask me to sit at the table and have a cup of coffee and conversation with me. Engage me <b>through pictures of things I like such as dogs (all animals) John Wayne, western art or movies.</b> (It is more familiar to me to sit and talk at a table than in a chair in a big group) No vulgar language, it upsets me.
Worship and hymns are important to me. I enjoy holding the Methodist Hymnal	Give me <b>the hymnal</b> to hold and make sure I am on the right page so I can read along. Offer me a choice of <b>different books or "things" to read.</b>
It is important to me to move about independently.	Offer me my music, coffee or remind me of the stories I like to share throughout the day to help me rest a bit. When the weather is good, take me on <b>a walk outside. Walk and talk with me.</b>
I am proud of my family members who have been in law enforcement and military.	Use <b>memory triggers</b> to help me talk about my family. I am very proud of them.
It is important to have my personal belongings around me. I need to have my purse with me at all times, it makes me feel secure	Offer me tissue, note paper or other items I might need in <b>my purse.</b> (It might help me sit and rummage through my purse). Wallet, pink lipstick.
I like crackers and peanut butter, chicken fried steak	Ask me if I need help <b>organizing my clothes,</b> personal items. My job included putting items away. Offer me <b>crackers and peanut butter.</b>
I get annoyed when others take my belongings	Assist me to find my "things" when lost

### Notes:

Things that are working

Things that are NOT working

Mrs. B will focus and share conversation about familiar objects for security and socialization

Mrs. B will rest for short periods throughout the day listening to music, having a cup of coffee, attending a worship service or looking at meaningful pictures.

**Engagement tools are highlighted in red.** A Personal Activity Preference scrapbook can be developed.